

WELCOME TO THE 2023-2024
SEASON

THE STINGRAY ALLSTARS- SUPER RAYS

WWW.STINGRAYALLSTARS.COM



@thestingrayallstars



@LetsGoRays



The Stingray Allstars- Marietta

The mission of The Stingray Allstars is to provide an environment of excellence. The Stingray Way puts the athlete in a position to excel while instilling hard work, accountability, competition and community. We aim to inspire athletes, coaches and all that enter our doors to be fully committed to excellence.

All Star cheerleading-cheerabilities is a unisex sport in which a team performs a 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. The routine is performed on a 42×54 spring floor at local and national competitions.

What the program entails:

The full year all-star program is a competitive allstar cheerleading program that fields teams of athletes ages 5+ and ranging in levels 1-6. The season begins in May and lasts through late April. When forming teams we are looking for full mastery of skills to be placed within a level, as well as stunting positions.

- **Time commitment:** Teams will practice one day a week at minimum. You can expect extra practices to take place for choreography, around competition season, and for extra work at the coaches discretion. Attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. Missing practice could effect an athlete's position on the team.
- **Absence Request Form:** Athletes planning to miss practice for any reason will need to fill out an absence request form in advance. This will be automatically emailed to all team coaches and the team rep. You can find this form at forms.stingrayallstars.com/absence-request/

Please note: athletes that miss practice within two weeks leading up to a competition may not be able to compete at the event

Competition Schedule/Travel: The competition schedule will be released by July 2023. Super Rays - cheerabilities program will attend a variety of local competitions. All athletes are expected to attend every competition. Each family is responsible for getting their athlete to and from the competitions.

Apparel: There will be 1 mandatory practice t-shirt for all athletes.



Things to Know:

- If you have any questions or concerns that need immediate attention please use the following chain of communication.
 1. Team Rep
 2. Head Coach
 3. Allstar Director
 4. Owner/President
- Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- Social Media posts that are a poor representation of The Stingray Allstars may result in suspension or removal from the team.
- Personal items such as cell phones, school bags, or gym bags must be stored in the cubbies adjacent to your practice floor. NO items are to be left in the gym hallways or near the doors. We are not responsible for lost or stolen items.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of practice would not be an appropriate time.
- NO GOSSIP about other athletes, teams, coaches, and staff.
- The Stingray Allstars is not a babysitting service. No child should be dropped off at the gym unsupervised.
- We may add an additional practice at any time during the season if needed to make sure the team is ready to perform.
- Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately.
- Only athletes and coaches are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the parent viewing area window.
- The coaches reserve the right to close practices at ANY time for ANY reason. In this event, the team rep will remain at practices.
- It is the parent's responsibility to know what is going on with your team. Check your emails and the team **Group Me regularly**. GroupMe, text messages and emails are all potential means of communication.
- Punishing your child by missing practice or a competition is not acceptable.
- Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
- Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions or any other situation.
- There will be no arguing or questioning coaching decisions at competitions.
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and your Allstar director.
- The Stingray Allstars maintain the right to refuse services at any time.
- The Allstar Directors may change, add or subtract any rule at any time.

Important Information

Tuition:

Tuition is divided into 9 **installments of \$50***. The tuition billing schedule is as follows:

1st payment: \$50 at time of registration

2nd payment: \$50 billed August 1st, due by August 7th ***(uniform rental fee)**

3rd payment: \$50 billed September 1st, due by September 7th

4th payment: \$50 billed October 1st, due by October 7th

5th payment: \$50 billed November 1st, due by November 7th

6th payment: \$50 billed December 1st, due by December 7th

7th payment: \$50 billed January 1st, due by January 7th

8th payment: \$50 billed February 1st, due by February 7th

9th payment: \$50 billed March 1st, due by March 7th

Auto charges run on the 8th of each month. Everyone is required to have a card on file.

Tuition Includes:

Team practices, Uniform Rental (fee *\$50), choreography, music, and competition fees

Tuition Does Not Include:

Warm-ups, shoes, bows, backpack, and various team apparel

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

Approximate Costs: (Optional)

Warm-ups \$175.00, Shoes \$90.00-\$130.00, Bows \$20.00-\$30.00, Backpacks \$85.00-\$105.00,

Practice Wear \$125.00, Shirts/Jerseys/Sweatshirts \$30.00-\$50.00

Practices

Practices will begin Sunday, August 6, 2023 times and locations will be provided in your email.

There will be a parent meeting at the beginning of this practice -one parent must attend

Important Dates at a Glance (Super Rays)

First Sunday Practice: August 6th

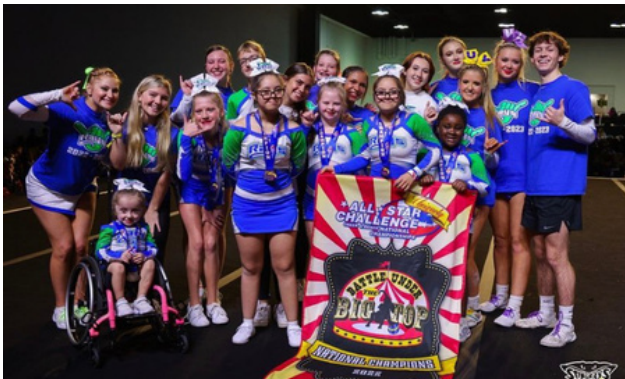
Fall Break Closure: September 25th-29th

Thanksgiving Closure: November 20th- 24th

Holiday Closure: December 20-January 2

Spring Break Closure: March 29-April 5th.

A detailed competition Schedule will be released by July.



REGISTRATION INSTRUCTIONS

We are so excited to have your Athlete join our program. To officially register your athlete for Super Rays please contact the **Stingray Allstars** Marietta Location at 678-581-9218 or email office@stingrayallstars.com





Sign up for Super Rays on the parent portal for your athlete



Committed volunteers and coaching staff



Safe, fun, and great exercise that enhances independence and self confidence



Provides a place for a positive social interaction



Improves flexibility and strength



Provides peer support and shared experiences among families

YOU'RE NOW READY TO BE "ONE OF A KIND". WE LOOK FORWARD TO ANOTHER GRAYT YEAR IN THE BLUE AND GREEN!