



WELCOME TO THE 2023-2024
SEASON

THE STINGRAY ALLSTARS

WWW.STINGRAYALLSTARS.COM



@thestingrayallstars



@LetsGoRays



The Stingray Allstars- Marietta

The mission of The Stingray Allstars is to provide an environment of excellence. The Stingray Way puts the athlete in a position to excel while instilling hard work, accountability, competition and community. We aim to inspire athletes, coaches and all that enter our doors to be fully committed to excellence.

Allstar cheerleading is a unisex sport in which a team performs a 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. The routine is performed on a 42×54 spring floor at local and national competitions.

What the program entails:

The full year allstar program fields teams of athletes ages 5+ and ranging in levels 1-6. The season begins in May and lasts through late April. Teams are formed in order to be most competitive within a division. We form teams based off of stunts, jumps and tumbling skills.

- **Athlete Safety/Parent Roles:** The safety of all athletes is our top priority. All of our staff have an up to date back ground check, concussion training and are USASF credentialed/cleared to train athletes. We are partnered with The Sports Compliance Company. They provide an independent hotline for athletes, families, and staff to confidentially report ethics or misconduct concerns. The hotline number is available 24/7/365 to all our members at 1-800-594-5930. They handle the intake and external investigation of concerns related to athlete safety. We all must work together as coaches and parents to see that our athletes are able to train in a safe, positive environment.
- **Time commitment:** Teams will practice two days a week during the summer. You can expect extra practices to take place for choreography and around competition season. Teams will practice three days a week beginning in the fall. Attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. Missing practice could affect an athlete's position on the team.
- **Absence Request Form:** Athletes planning to miss practice for any reason will need to fill out an absence request form in advance. This will be automatically emailed to all team coaches and the team rep. You can find this form at forms.stingrayallstars.com/absence-request/

Please note: athletes that miss practice within two weeks leading up to a competition may not be able to compete at the event.

Competition Schedule/Travel: The competition schedule will be released on June 15th, 2023. The full year allstar program will attend a variety of local and out of state competitions. All athletes are expected to attend every competition. Travel cost is not included in tuition and each family is responsible for getting their athlete to and from competitions. Many of the events we attend are considered “stay to play” which require athletes to book through the sanctioned hotels. Links to those hotels will be sent out in the months leading up to the event. Athletes that do not comply with the stay to play policy may result in team disqualification.

End of Season Events: All teams will work to earn a bid to an end of season event. End of season event costs are NOT included in the tuition and if your team earns a bid, additional fees will apply depending on the type of bid earned.

Apparel: There will be a mandatory practice wear package for all athletes. Sizing will begin the first week of May and the last day to order is Thursday, May 25th. A tryout shirt is included with the Assessment Fee. All Stingray logos, team logos and branding is protected and cannot be duplicated. All Stingray apparel must be purchased from Full Out Sports to include team sponsored items, parent apparel, etc.

Things to Know:

- If you have any questions or concerns that need immediate attention please use the following chain of communication:
 1. Team Rep
 2. Head Coach
 3. Allstar Director
 4. Owner/President
- Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
- The Stingray Allstars will not help to facilitate the housing of any athletes.
- If your athlete is moved to alternate status their tuition rate will be adjusted. Alternate athletes are expected to attend all practices. Depending on when alternate status is established, the gym may have to charge your account competition fees for your athlete to attend events.
- Crossover Policy: if you are asked to be a crossover athlete you will be responsible for the crossover fees in addition to your regular tuition.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- Social Media posts that are a poor representation of the The Stingray Allstars may result in suspension or removal from the team.
- Personal items such as cell phones, school bags, or gym bags must be stored on the shelving adjacent to your practice floor. NO items are to be left in the gym hallways or near the doors. We are not responsible for lost or stolen items.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Athletes need to be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes, conditioning and/or practices.
- NO GOSSIP about other athletes, teams, coaches and staff.
- The Stingray Allstars is not a babysitting service. No child should be dropped off at the gym unsupervised or without an active enrollment in a class, private, or practice.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately.
- Only athletes and coaches are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the parent viewing area window.
- It is the parent's responsibility to know what is going on with your team. Check your emails and the team Group Me regularly. GroupMe, Band, Remind and email are all potential means of communication.
- Please make sure that both parents are fully aware of the time commitment to The Stingray Allstars. It is unfair to the team and especially your child for practices/competitions to be used as a bargaining tool. The Stingray Allstars will make no exceptions to schedules due to co-parenting conflicts.
- Punishing your child by missing practice or a competition is not acceptable.
- Homework is not an acceptable excuse for missing practice.
- Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
- Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions or any other situation.
- There will be no arguing or questioning coaching decisions at competitions.
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and your Allstar director.
- The Stingray Allstars maintain the right to refuse services at any time.
- The Allstar Directors may change, add or subtract any rule at any time.

Important Information

You will sign up for an Assessment time slot on our website, www.stingrayallstars.com.
When signing up for your Assessment time slot, you will be required to pay your first payment of **\$344.00** + Assessment Fee.

Assessment Fee is \$50.00 until **Tuesday, May 2nd**.
Assessment Fee is \$75.00 starting **Wednesday, May 3rd**.

Be sure to have your athlete's photo taken by an office employee when you turn in your Assessment Form.

Tuition:

Tuition is divided into **11 installments of \$344.00**. The tuition billing schedule is as follows:

1st payment: \$344.00 + Assessment Fee due at time of registration

2nd payment: \$344.00 billed June 1st, due by June 7th

3rd payment: \$344.00 billed July 1st, due by July 7th

4th payment: \$344.00 billed August 1st, due by August 7th

5th payment: \$344.00 billed September 1st, due by September 7th

6th payment: \$344.00 billed October 1st, due by October 7th

7th payment: \$344.00 billed November 1st, due by November 7th

8th payment: \$344.00 billed December 1st, due by December 7th

9th payment: \$344.00 billed January 1st, due by January 7th

10th payment: \$344.00 billed February 1st, due by February 7th

11th payment: \$344.00 billed March 1st, due by March 7th

*There is a sibling discount. After registering your athletes, call the office for account adjustment.

Auto charges run on the 8th of each month. Everyone is required to have a card on file.

Tuition Includes:

Team practices and a one-hour weekly tumble class (plus drop-in classes weekly, when space is available).
Choreography, music and competition fees.

Tuition Does Not Include:

\$125.00 Camp Fee billed in June.

\$225.00 Coaches Fee billed in August. This fee is per family, not per cheerleader.

\$413.00 Full Uniform (Worlds teams uniform prices will vary).

**Returning full year athletes will not need to purchase a new uniform unless they would like a different size or newer pieces. New athletes will need to enroll in a uniform fitting time block in July.*

Warm-ups, shoes, bows, backpack and various team apparel

End of Season Event Fees (if applicable)

Travel/Hotel Expenses

Crossover Fees (if applicable)

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

Approximate Costs:

Warm-ups \$250.00, Shoes \$90.00-\$130.00, Bows \$20.00-\$30.00, Backpacks \$85.00-\$105.00, Practice Wear \$125.00, Shirts/Jerseys/Sweatshirts \$30.00-\$50.00, Worlds Fee \$150.00-\$530.00, Summit Fee \$125.00-\$535.00

(based off previous years, these prices are subject to change)

Travel costs will vary greatly.

Worlds Tryouts

Worlds Tryout Workouts

May 8th, 9th and 10th: 7:00-9:00

You are allowed to sign up for ONE workout. If you would like to attend more than one workout, you may contact the office the day of to see if there is space available. If there is space, the office will be able to enroll you into an additional workout. These sessions are included in your Assessment fee. You must be signed up for an Assessment time slot in order to attend. We will have the gym well-staffed to offer guidance to your athlete. The athletes do NOT have to learn or prepare any material for Assessments. Workouts are a great way to get in some reps in a low stress environment and to mingle with our staff.

There will be a parent meeting at each workout, please plan to attend at least one meeting.



Assessments:

Thursday May 11th: FLYER ASSESSMENT 7:00-9:00pm

If your athlete would like to be considered as a flyer, there will be an optional flyer Assessment to showcase these skills. Returning flyers to the worlds program do not need to attend. Cost is \$35 and you can enroll through the parent portal.

Friday May 12th: 5:30 p.m, 7:00 p.m, or 8:30 p.m.

Saturday May 13th: 10:00 a.m, 11:30 a.m. or 1:00 p.m.

You will only attend **ONE** day of assessments.

*Even if you have been on a Worlds team at Stingrays or another gym, you will still attend one day of assessments.

Target ages for USASF Club Worlds divisions are athletes born between 06/01/2004-12/31/2010

Target ages for IASF/Open Teams are 18 years and older as of May 31, 2024

Worlds Team Announcements on or before Tuesday, May 16th

You will receive an email regarding your team placement. If not placed on a Worlds team, please call the office to schedule a Summit Assessment time slot. You will not pay an additional assessment fee. Practices will begin either Wednesday, May 17th or Thursday May 18th. Practice days, times and locations will be provided in your email.

Important Dates at a Glance (Worlds):

Worlds Team Placement Announcements: On or before May 16th via Email

First Practice: Wednesday May 17th/Thursday May 18th

Worlds Stunt Camp: June 24-June 27th in Orlando, FL

4th of July Closure: July 1st-7th

First Sunday Practice: August 6th

Fall Break Closure: September 25th-29th

Thanksgiving Closure: November 20th- 24th

Holiday Closure: December 20-January 2nd

Spring Break Closure: March 29-April 5th 2024. Athletes must return for practice by April 6th, 2024

A detailed competition Schedule will be released June 15th, 2023



Summit Tryouts

Summit Tryout Workouts:

May 14th from 3:00-5:00pm, May 15th, 16th and 17th from 7:00-9:00

You are allowed to sign up for ONE workout. If you would like to attend more than one workout, you may contact the office the day of to see if there is space available. If there is space, the office will be able to enroll you into an additional workout. You must be signed up for an Assessment time slot in order to attend. We will have the gym well-staffed to offer guidance and feedback to your athlete. The athletes do NOT have to learn or prepare any material for Assessments. Workouts are a great way to get in some reps in a low stress environment and to mingle with our staff.

**There will be a parent meeting at each workout, please plan to attend at least one meeting.*



Assessment Time Slots for Summit Teams are divided by AGE and LEVEL.

Please see below to sign up for your correct time slot:

Athletes interested in being a flyer will be evaluated during their Assessment time slot

Thursday May 18th: Any age, Level 4, 5 or 6- 4:00 p.m., 5:00 p.m., 6:30 p.m. or 8:00 p.m.

Friday May 19th: Ages 12 and Up Level 1, 2, 3- 4:00 p.m., 5:00 p.m., 6:30 p.m. or 8:00 p.m.

Saturday May 20th: Ages 11 and younger Level 1, 2 or 3- 10:00 a.m., 11:30 a.m., 1:00 p.m. or 2:30p.m.

Team Announcements Tuesday May 23rd

You will receive an email from the office with your team placement.

First practice will start on Wednesday May 24th or Thursday May 25th. Practice days, times and locations will be provided in your email.

Important Dates at a Glance (Summit Teams):

Summit Team Placement Announcement: May 23rd

First Practice: starts Wednesday May 24th or Thursday May 25th

Stunt Camp: Session 1-June 16th-17th. Session 2- June 19th-20th Session 3- June 21st-22nd at the Marietta Gym. Team session assignments will be released following team placements.

4th of July Closure: July 1st-7th

First Sunday Practice: August 6th

Fall Break Closure: September 25th-29th

Thanksgiving Closure: November 20th- 24th

Holiday Closure: December 20th-January 2nd

Spring Break Closure: March 29th-April 5th 2024. Athletes must return for practice by April 6th, 2024

A detailed competition Schedule will be released June 15th, 2023



REGISTRATION INSTRUCTIONS

All bookings and registration is done through the Parent Portal on the Stingray website: www.stingrayallstars.com, or through the "Stingray Cheer" App on your mobile device. Once on the site, click on the Marietta tab, then the "Parent Portal/Bookings".

If you already have an account in our system, you will log in to your current account. **DO NOT CREATE ANOTHER ACCOUNT.** If you have any trouble logging in please contact the front office for assistance.

If you are a new member, it will prompt you to input the guardian information, athlete information and accept the policies/waiver. Please be sure to opt in to email notifications as the email entered will be where team placements and other important gym information will be sent.

Once logged in, click on "Bookings" then "Assessments". From there you will click on the day/time that works best for your athlete.

Athletes trying out for the Worlds Program will choose a time slot on either:

Friday May 12th: 5:30 p.m., 7:00 p.m. or 8:30 p.m.

Saturday May 13th: 10:00 a.m., 11:30 a.m. or 1:00 p.m.

Athletes trying out for the Summit Program will choose from the below sessions:

Thursday May 18th Any age, **Level 4, 5 or 6-** 4:00 p.m., 5:00 p.m., 6:30 p.m. or 8:00 p.m.

Friday May 19th Ages 12 and Up, **Level 1, 2, 3-** 4:00 p.m., 5:00 p.m., 6:30 p.m. or 8:00 p.m.

Saturday May 20th Ages 11 years and younger, **Level 1, 2 or 3-** 10:00 a.m., 11:30 a.m., 1:00 p.m. or 2:30 p.m.

Please only choose one time slot. Add to cart, click pay now. You will receive a confirmation email once your transaction is complete.

Please print and turn in your completed Assessment form located on the Forms page.

All accounts must be paid in full to register for Assessments. You must keep your account current to remain active on your team. There will be no refunds made to anyone who quits or is asked to leave the program.



TRYOUT CLINICS

We will offer Tumble, Jump, Flex, and Stunt clinics in the weeks leading up to tryouts. You can enroll in private lessons, semi-privates or any of our clinics as a good way to prepare for Assessments. All clinics are optional and costs will vary.



ASSESSMENT CHECKLIST:



Sign up for an Assessment time slot on the parent portal for your athlete's age and level (sign up for one time slot).



Print and complete the Assessment Form



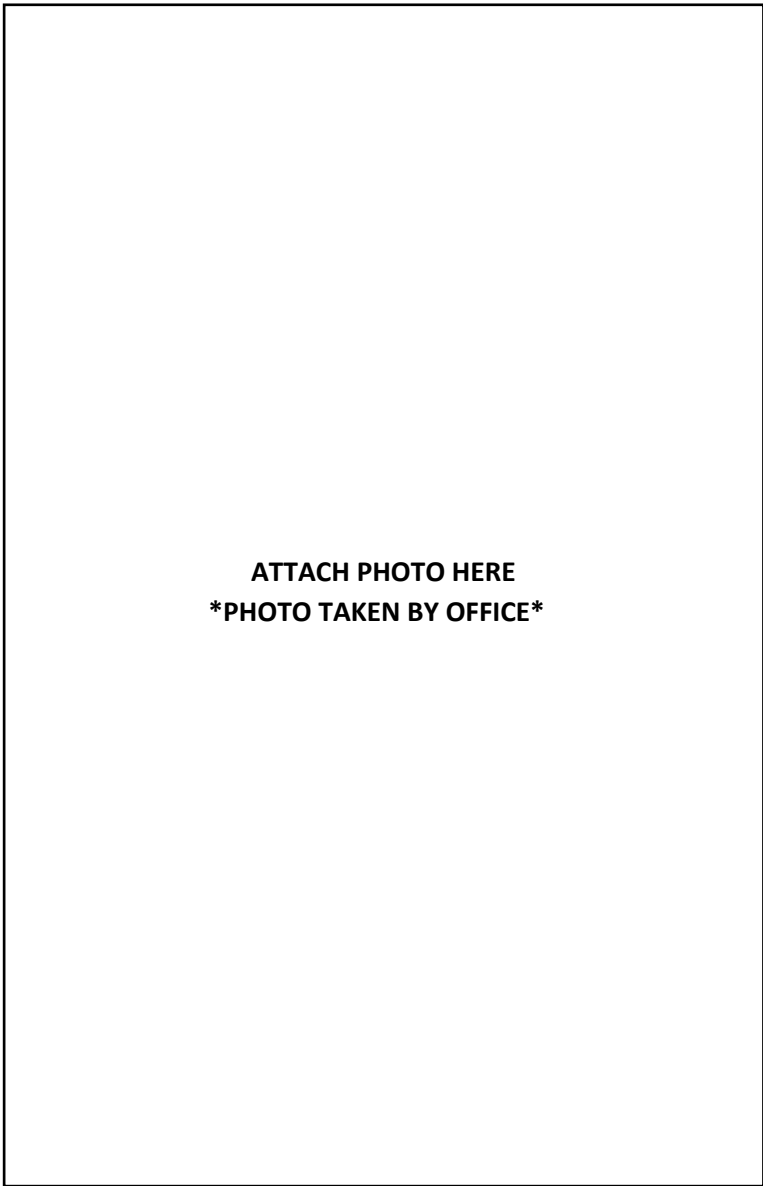
Bring your completed form to the office. Be sure to have your athlete's photo taken.



Take advantage of the workouts included in your registration fee and any clinics by signing up online.

YOU'RE NOW READY TO BE "ONE OF A KIND". WE LOOK FORWARD TO ANOTHER GRAYT YEAR IN THE BLUE AND GREEN!

ASSESSMENT FORM



DO NOT WRITE ABOVE THIS LINE

Name: _____

Date of Birth: _____

Parent Name: _____ Cell #: _____

Parent Email: _____

School Attending and Grade '23-24: _____

Please list any other sports or extra curricular activities:

Tumble Experience (circle all levels that apply):

Tumble Level: N/A 1 2 3 4 5 6

Stunt Experience (circle all levels that apply):

Stunt Level: N/A 1 2 3 4 5 6 7

Basket Toss Experience (Flyers Only): N/A 1 2 3 4 5 6 7

Stunt Position Trying out for (circle all positions that apply):

FLYER SIDE BASE MAIN BASE BACKSPOT

Please list cheer experience by year, level, and program:

STAFF USE ONLY BELOW LINE

OFFICE USE ONLY

