

WELCOME TO THE  
2022-2023 SEASON

# VIDEO ASSESSMENT INSTRUCTIONS

[WWW.STINGRAYALLSTARS.COM](http://WWW.STINGRAYALLSTARS.COM)



# WORLDS VIDEO ASSESSMENT REQUIREMENTS:

Thank you for submitting your video to be considered for one of our Worlds teams for the 2022-2023 season.

Please follow the instructions below:

## **Video assessment checklist:**

- You will need to create an account in our system. You can do so by going to our website: [www.stingrayallstars.com](http://www.stingrayallstars.com), clicking the Marietta tab, and then Parent Portal/Bookings. Input all of your information and accept the policies.
- Call the Office Manager, Emily, at 678-581-9218 to register for “Video Assessment”.
- You will pay \$400 assessment fee at the time of enrollment. This fee includes the \$66 video fee and first tuition installment of \$334.
- Fill out the Assessment Form and Video Submission Form, email completed forms to [office@stingrayallstars.com](mailto:office@stingrayallstars.com).
- If you do not make a team, your tuition portion of the assessment fee will be refunded.
- If you do not take your spot, assessment fee will not be refunded.

**Please list your top 3 choices of team below.**

First Choice:

Second Choice:

Third choice:

# VIDEO REQUIREMENTS:

**Videos must be submitted no later than Wednesday, May 11th 2022**

- Videos submitted without payment will not be judged.
- Videos must be uncut and unedited with no choreography.
- Please use the new level music 8-count track for your music.
- Please make sure you are easily identifiable. For example, everyone in your stunt group wears all black and you wear red.
- Videos can be no longer than 3:00, put the 8-count track on repeat.
- If you are unable to do one of the items below, skip over it and move on to the next item on the list
- Upload your video to YouTube and send the link and your completed forms to [office@stingrayallstars.com](mailto:office@stingrayallstars.com), [CC roger@stingrayallstars.com](mailto:CC roger@stingrayallstars.com)

## **Please complete in the following order:**

- Triple jump (tuck or standing full optional)
- Standing full
- Standing 1 or 2 BHS-full (choose 1)

## **Standing Tumbling, 1 of the following:**

- Standing 2 or 3 BHS-double
- Standing specialty to double (for example: BHS-Whip-Double, 2 BHS to full-whip-double, standing tuck-BHS-Double, etc.)

## **Running Tumbling, both of the following:**

- Squad Pass (RO BHS full or double, RO-Whip-Full or double)
- Corner Pass (your best running tumbling skill)

## **Stunt:**

The following skills must be performed for flyers and all girl bases. Stunt groups must be age eligible for Senior Level 6.

- high to high body position tic toc
- 1.5 or double up
- Hand in hand release to extended stunt
- Flyers show front and back flexibility

Coed Males show 2 best unassisted coed stunts

**If you have any questions about your video, please contact  
[roger@stingrayallstars.com](mailto:roger@stingrayallstars.com).**

**WELCOME TO THE 2022-2023 STINGRAY ALLSTAR SEASON  
VIDEO SUBMISSION FORM**

Athlete Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Email Address: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Parent Name: \_\_\_\_\_

(Must have a parent contact)

Parent Email Address: \_\_\_\_\_ Parent Cell Number: \_\_\_\_\_

Where do you plan to live? \_\_\_\_\_

What are your plans for school? \_\_\_\_\_

When will you be available to start practice? \_\_\_\_\_

Parent signature to verify approval: \_\_\_\_\_

Make sure you have completed all elements required for your video submission.

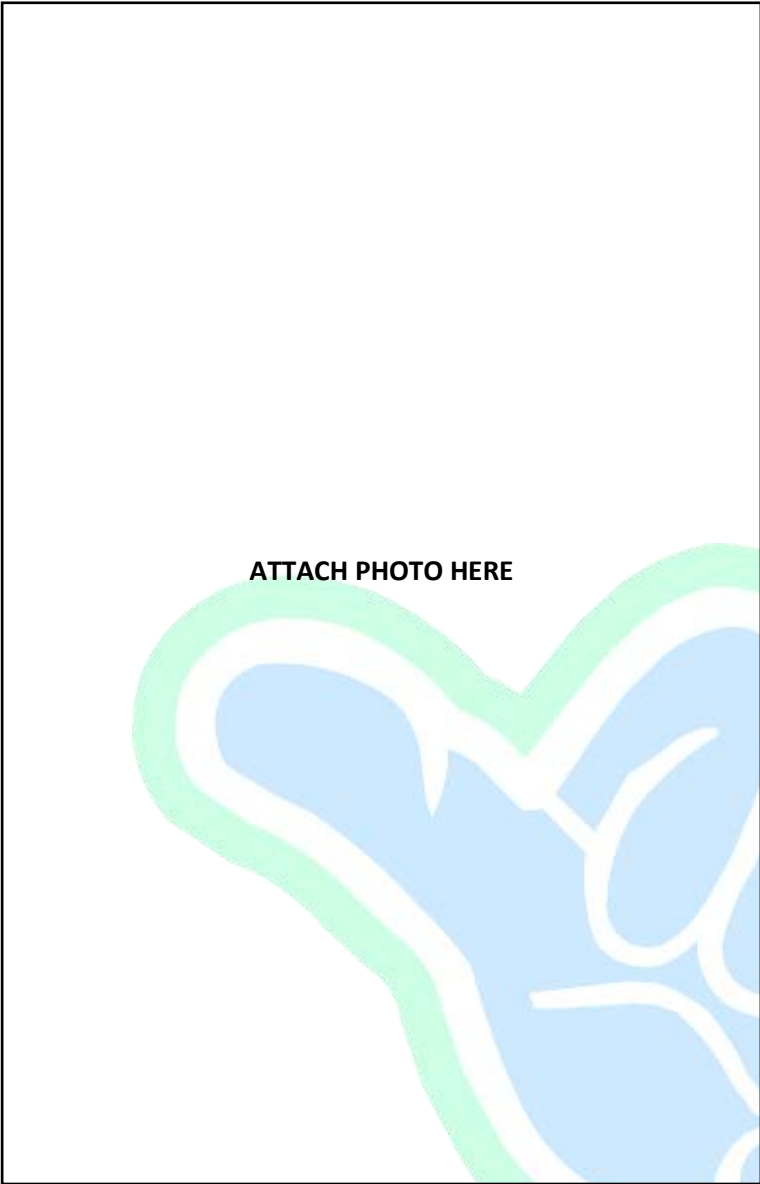
Call the office to pay the video submission fee. 678-581-9218

Email this form to [office@stingrayallstars.com](mailto:office@stingrayallstars.com). Follow instructions on how to submit your video.

You will be contacted via email about your team placement by May 18<sup>th</sup>. If you are not placed on a team, you will receive an email from the front office.

**VIDEO SUBMISSION DEADLINE IS FRIDAY, MAY 11<sup>TH</sup>, 2022-NO EXCEPTIONS  
VIDEO SUBMISSION FEE \$400.00**

2022-2023 ASSESSMENT FORM



ATTACH PHOTO HERE

DO NOT WRITE ABOVE THIS LINE

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

Parent Email: \_\_\_\_\_

School Attending and Grade '22-23: \_\_\_\_\_

WORLDS: Have you ever been on a Worlds team? YES NO

If yes, where, and when?

Stunt/Tumble Cheer Experience (circle all levels that apply):

Back	N/A	1	2	3	4	5	6
Base	N/A	1	2	3	4	5	6
Flyer	N/A	1	2	3	4	5	6
Tumble	N/A	1	2	3	4	5	6

Please list cheer experience by year, level, and program:

\_\_\_\_\_  
\_\_\_\_\_

STAFF USE ONLY BELOW LINE

OFFICE USE ONLY

\_\_\_\_\_  
\_\_\_\_\_



COACH'S  
RECOMMENDATION  
COMPLETED